



EXTRA CURRICULAR ACTIVITES

TIME TABLE 2019 - 2020

MONDAY

- FAIRYTALE DANCE CLASS (3'S & 4'S) 11:30 - 12:15
- KINDERBOX KIDS (3'S & 4'S) 11:30 - 12:15
- READY, SET, READ (4's) 11:30 - 12:15

TUESDAY

- HAPPY FEET SOCCER (4's) 11:30 - 12:15
- IT TAKES SKILLS (3'S) 11:30 - 12:15

WEDNESDAY

- HAPPY FEET SOCCER (3's) 11:30 - 12:15
- EPIC EXPLORERS (4's) 11:30 - 12:15

THURDAY

- HAPPY FIT OLYMPIAD (3'S & 4'S) 11:30 - 12:15
- MATH MINDS (4's) 11:30 - 12:15

FRIDAY

- COOKING CREW (3'S & 4'S) 11:30 - 12:15
- YOGA (3'S & 4'S) 11:30 - 12:15



HAPPY FEET - SOCCER

Innovative and Unique Soccer Program

Contact: Nan

Office: (914) 401-1720

www.happyfeetsoccer.com

nan@happysoccerfeet.com

- Fee each semester: \$350, \$378 or \$398

HappyFeet, Located in Yorktown, NY, is the most innovative age-appropriate and fun introduction to soccer skills anywhere! HappyFeet is a new & exciting mobile soccer clinic for children ages 2 - 6. Using their proven, fun "story time with a soccer ball" approach. They're committed to helping children form healthy exercise habits using the world's most popular game, soccer!

FALL DATES

TUESDAYS - 4's

- OCTOBER: 1, 8, 15, 22, 29
- NOVEMBER: 12, 19, 26
- DECEMBER: 3, 10
- JANUARY: 7, 14, 21

WEDNESDAY - 3's

- OCTOBER: 2, 9, 16, 23, 30
- NOVEMBER: 6, 13, 20
- DECEMBER: 4, 11
- JANUARY: 8, 15, 22, 29

SPRING DATES

TUESDAYS - 4's

- FEBRUARY: 4, 11, 25
- MARCH: 3, 10, 17, 24, 31
- APRIL: 14, 21, 28
- MAY: 5, 12, 19, 26

WEDNESDAY - 3's

- FEBRUARY: 5, 12, 26
- MARCH: 4, 11, 18, 25
- APRIL: 1, 15, 22, 29
- MAY: 6, 13, 20, 27



HAPPYFIT - OLYMPIAD (3's & 4's)

A wonderful way to develop your child's love of sports & active fitness!

Contact: Nan

Office: (914) 401 - 1720

- Fee Fall semester is \$378
- Fee Spring semester is \$378

From the creators of HappyFeet Soccer we introduce The HappyFit Olympiad. It's an innovative & unique cross-training program specifically developed for young children. HappyFit Olympiad was designed to engage preschoolers with the fun of active fitness.

It will give them an introduction to a range of wonderful sports including, but not limited to:

- Hooray for Hoops Basketball
- Kool Kick Kickball
- Fit Kick Agility & Balance Games
- Run for Fun Track & Field Events

FALL DATES

THURSDAY - 3's & 4's

- OCTOBER: 3, 10, 24, 31
- NOVEMBER: 7, 14, 21
- DECEMBER: 5, 12
- JANUARY: 2, 9, 16, 23, 30

SPRING DATES

THURSDAY - 3's & 4's

- FEBRUARY: 6, 13, 27
- MARCH: 5, 12, 19, 26
- APRIL: 2, 16, 23, 30
- MAY: 7, 14, 21



NYPAC (3's & 4's) FAIRYTALE DANCE CLASS

New York Performing Arts Center (NYPAC)

Contact: Annmarie Mastroberardino

(914) 358 - 4222

info@nypacenter.com

www.nyperformingartscenter.com

- Fee for the 10 week class is \$265
- NYPAC will donate 20% of the proceeds from this program back to St Gregory's Early Childhood Enrichment Program
- Fall plus Winter session: \$500

Our fun and creative Fairytale Dance Class will use classic fairytales to introduce students to the fundamentals of ballet. Music, props, and storytelling will be integrated in the exploration of new movement and creative expression. Children who are dismissed at this time are brought to the auditorium by their classroom teacher. If your child attends St Gregory's full day session they are pulled out of their regular class during rest time and returned in time to begin their afternoon activities. Parents of students who attend the half day session may pick their children up at the conclusion of class in the auditorium.

FALL DATES

MONDAY'S (10 CLASSES):

- SEPTEMBER: 30
- OCTOBER: 7, 21, 28
- NOVEMBER: 4, 18, 25
- DECEMBER: 2, 9

JANUARY: 6

SPRING DATES

MONDAY'S (10 CLASSES):

- JANUARY: 27
- FEBRUARY: 3, 10, 24
- MARCH: 2, 9, 16, 23, 30
- APRIL: 10



READY, SET, READ (4's)

This program is currently for our enrolled 4 year old students only

Contact: Tonella Ledesma

(914) 329-9408

mrsledesmastgregory@gmail.com

- Fee for the 12 classes is \$330
- Fee for 24 classes (discount applied) is \$640

This course features small group instruction to optimize reading readiness, ability, and advancement. Lessons and activities will incorporate phonics, phonemic awareness, decoding, encoding, word study, sight words, vocabulary development, comprehension strategies, and fluency. The course will utilize aspects from highly regarded reading programs. Prerequisite: Letter Recognition

FALL DATES

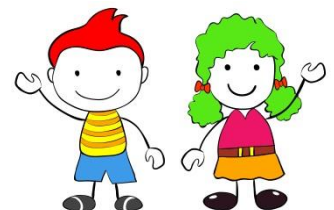
MONDAYS (12 CLASSES)

- SEPTEMBER: 30
- OCTOBER: 7, 21, 28
- NOVEMBER: 4, 18, 25
- DECEMBER: 2, 9, 16
- JANUARY: 6, 13

WINTER DATES

MONDAYS (12 CLASSES)

- JANUARY: 27
- FEBRUARY: 3, 10, 24
- MARCH : 2, 9, 16, 23, 30
- APRIL: 20, 27
- MAY: 4



IT TAKES SKILLS (3's)

Contact: Tonella Ledesma
(914) 329-9408

mrsledesmastgregory@gmail.com

- Fee for the 12 classes is \$330
- Fee for 24 classes (discount applied) is \$640

This engaging, multi-disciplinary course will introduce your children to significant skills and components of learning and development. Use of literature and interactive, hands-on lessons and activities will help develop cognitive, social, creative, and fine motor skills and abilities. Concepts may include: sequencing, cause and effect, cardinality, attributes of shapes, comparing numbers, and measurement, and much more. The Handwriting Without Tears writing program will also be implemented in the course.

FALL DATES

TUESDAYS - 3'S (12 CLASSES)

- OCTOBER: 8, 15, 22, 29
- NOVEMBER: 12, 19, 26
- DECEMBER: 3, 17
- JANUARY: 7, 14, 21

WINTER DATES

TUESDAYS - 3'S (12 CLASSES)

- JANUARY: 28
- FEBRUARI: 4, 11, 25
- MARCH: 3, 10, 17, 24, 31
- APRIL: 14, 28
- MAY: 5



MATH MINDS (4's)

Contact: Tonella Ledesma
(914) 329-9408

mrsledesmastgregory@gmail.com

- Fee for the 12 classes is \$330
- Fee for 24 classes (discount applied) is \$640

The course will develop your child's knowledge and understanding of math skills and concepts for a greater awareness of number sense and the relationship between numbers. Your child will complete the course with exposure to a multitude of math content areas for success in kindergarten and beyond. Curriculum is based on the Kindergarten Common Core Math State Standards and will include lessons and activities based on the following units: Counting and Cardinality, Operations and Algebraic Thinking, Numbers and Operations in Base Ten, Measurement and Data and Geometry.

FALL DATES

THURSDAYS - 4'S
(12 CLASSES)

- OCTOBER: 3, 10, 17, 24
- NOVEMBER: 7, 14, 21
- DECEMBER: 5, 19
- JANUARY: 9, 16, 23

WINTER DATES

THURSDAYS - 4'S
(12 CLASSES)

- JANUARY: 30
- FEBRUARI: 6, 13, 27
- MARCH: 5, 12, 19, 26
- APRIL: 2, 16, 30
- MAY: 7



EPIC EXPLORERS (4s)

Session 2 (winter) will be open to 3's and 4's

Contact: Tonella Ledesma

(914) 329-9408

mrsledesmastgregory@gmail.com

- Fee for the 12 classes is \$330
- Fee for 24 classes (discount applied) is \$640

This course will encourage and foster a lifelong connection to discovering nature where the primary setting for our sessions will be the outdoor grounds of Saint Gregory, weather permitting. Children will be immersed in the wonder and rich learning opportunities that begin in nature as we explore the meaning of science and the role of a scientist. Discussions and activities will foster curiosity as your children make predictions, record data and observations, use their senses to gather new knowledge, and explain their thinking. Curriculum will include elements of Earth Science, Life Science, and Physical Science. Themes may include: rocks, layers of the earth, volcanoes, weather patterns, attributes of trees and plants, marine life, life cycles, and much more.

FALL DATES

WEDNESDAYS (12 CLASSES)

- OCTOBER: 16, 23, 30
- NOVEMBER : 6, 13, 20
- DECEMBER: 4, 11, 18
- JANUARY: 8, 15, 22

WINTER DATES

WEDNESDAYS (124 CLASSES)

- FEBRUARY: 12, 26
- MARCH: 4, 11, 18, 25
- APRIL: 1, 15, 22, 29
- MAY: 6, 13



YOGA (3's & 4's)

Contact: Tonella Ledesma
(914) 329-9408

mrsledesmastgregory@gmail.com

- Fee for the 12 classes is \$330
- Fee for 24 classes (discount applied) is \$640

This age-appropriate course will allow your child to reap the many benefits of yoga including developing body awareness, learning how to use our bodies in a healthy way, managing stress through breathing and meditation, building concentration, improving self-regulation, and increasing confidence and self-image. Our sessions incorporate engaging and interactive stories to encourage visualization and imagination as children learn postures to build strength and balance. Our practice also incorporates themes including gratitude, kindness, friendship, and family (among others). Cost includes a yoga mat that your child will keep upon the completion of the course.

FALL DATES

FRIDAYS (12 CLASSES)

- OCTOBER: 11, 18, 25
- NOVEMBER: 1, 8, 15, 22
- DECEMBER: 6, 13
- JANUARY: 3, 17, 24

WINTER DATES

FRIDAYS (12 CLASSES)

- JANUARY: 31
- FEBRUARY: 14, 28
- MARCH: 6, 13, 20, 27
- APRIL: 3, 17, 24
- MAY: 1, 8



COOKING CREW, EDIBLE EDUCATION

Contact: Fran Brescia-Coniglio

(914) 933 7262

info@cookingcrewschool.com

- Fee for the 10 week class is \$250

Cooking Crew is a mobile cooking school that provides programs for schools and libraries in Westchester County. We turn the kitchen into a learning lab through hands-on activities that empower kids to make smart food choices, foster an interest in food and inspire a love of cooking that will have life-long benefits. Cooking helps kids learn and practice some basic math concepts and build language skills. The experience of creating meals can help build self-confidence and lay the foundation for healthy eating habits. Our foodies-in-training will be whipping up batches of fun in this hands-on food enrichment program. Kids will learn kitchen safety and skills as they prepare a delicious and healthy recipe. Each recipe will introduce exciting ingredients and engage all five senses. We'll stir in science, mix in math and add in games and crafts - It's the tastiest way to learn!

FALL DATES

FRIDAYS (10 CLASSES)

- OCTOBER: 4, 11, 18, 25
- NOVEMBER: 1, 8, 15, 22
- DECEMBER: 6, 13



KINDERBOX KIDS ARTS & CRAFTS

Contact: Mrs Vanessa Augone

(914) 469-9949

kinderboxgallery@gmail.com

- Fee for the Fall: 8 classes is \$200
- Fee for Winter: 10 classes is \$175
- Fee for Spring: 7 classes is \$175

Kinderbox Kids is an extracurricular program offering art classes for preschool children. This class is for the child who loves to explore being creative in a friendly and encouraging atmosphere. Children will explore mix media art through use of recycled materials, clay, articles of nature, and sewing components.

The program allows for growth in: Hand Eye Coordination, Problem Solving, Creativity, Sensory, Self Expression, Threading, Sorting, Counting, Gluing and Color. Projects may include but are not limited to nature mobiles, flameless lanterns, rock weights, button wall hangings, sock puppets and much more.

FALL DATES

MONDAY'S (8 CLASSES):

- SEPTEMBER: 30
- OCTOBER: 7, 21, 28
- NOVEMBER: 4, 18, 25
- DECEMBER: 2

WINTER DATES

MONDAY'S (10 CLASSES):

- JANUARY: 13, 27
- FEBRUARY: 3, 10, 24
- MARCH: 2, 9

SPRING DATES

MONDAY'S (7 CLASSES):

- MARCH: 23, 30
- APRIL: 13, 20, 27
- MAY: 4, 11

